

ZC 2026: Session: 1: COACH evaluation sheet for TEAM: OZEKA

Coachinfo: Warming up from: 07:45 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Wielfaert Wout

Coaches: Devriese Boris

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 100M BUTTERFLY MEN 13-14 Heat:3, starttime: 09:05

Heat: 3/4 Lane : 8 Athlete: DE REGGE MATTEO Q-time: 01:29:69

PB (50m pool): 01:29.69 Antwerpen 15/03/2026 PB (25m pool): 01:33.54 SB: 01:29.69 Antwerpen 15/03/2026

	5 0 M	1 0 0 M	
PB	00:40.46	01:29.69	
	00:40.46	00:49.23	
			

Coach feedback:

Event number: 3: 100M FREESTYLE WOMEN 15+ Heat:2, starttime: 09:29

Heat: 2/15 Lane : 1 Athlete: BERTE LISE Q-time: 01:16:93

PB (50m pool): 01:20.33 Gent 08/02/2026 PB (25m pool): 01:16.93 SB: 01:20.33 Gent 08/02/2026

	5 0 M	1 0 0 M	
PB	00:39.09	01:20.33	
	00:39.09	00:41.24	
			

Coach feedback:

Event number: 3: 100M FREESTYLE WOMEN 15+ Heat:5, starttime: 09:34

Heat: 5/15 Lane : 6 Athlete: VAN DE WALLE NORA Q-time: 01:11:26

PB (50m pool): 01:14.85 Gent 08/02/2026 PB (25m pool): 01:11.26 SB: 01:14.85 Gent 08/02/2026

	5 0 M	1 0 0 M	
PB	00:35.64	01:14.85	
	00:35.64	00:39.21	
			

Coach feedback:

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Event number: 5: 50M BACKSTROKE MEN 13-14				Heat:3, starttime: 10:33	
Heat: 3/7 Lane : 1 Athlete: HOEYMANS CEDRIC				Q-time: 00:41:38	
PB (50m pool): 00:41.38 MOUSCRON 29/05/2025				PB (25m pool): 00:40.17 SB: 00:41.73 Sportoase De Watermolen 24/05/2026	
	5 0 M				
PB	00:41.38				
	00:41.38				
					

Coach feedback:

Event number: 5: 50M BACKSTROKE MEN 13-14				Heat:3, starttime: 10:33	
Heat: 3/7 Lane : 8 Athlete: VAN NIEUWENHUYZE LUKAS				Q-time: 00:41:51	
PB (50m pool): 00:41.51 Sportoase De Watermolen 24/05/2026				PB (25m pool): 00:47.72 SB: 00:41.51 Sportoase De Watermolen 24/05/2026	
	5 0 M				
PB	00:41.51				
	00:41.51				
					

Coach feedback:

Event number: 5: 50M BACKSTROKE MEN 13-14				Heat:6, starttime: 10:38	
Heat: 6/7 Lane : 3 Athlete: DE REGGE MATTEO				Q-time: 00:36:72	
PB (50m pool): 00:36.72 Antwerpen 15/03/2026				PB (25m pool): 00:37.03 SB: 00:36.72 Antwerpen 15/03/2026	
	5 0 M				
PB	00:36.72				
	00:36.72				
					

Coach feedback:

Event number: 6: 200M BREASTSTROKE WOMEN 13-14					Heat:1, starttime: 10:41	
Heat: 1/7 Lane : 2 Athlete: RUYSSSEN MERYL LOUISE MINGLAN					Q-time: 04:17:02	
PB (50m pool): no time					PB (25m pool): 04:17.02 SB: no time	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M		
PB	no time	no time	no time	no time		
	no time					
						

Coach feedback:

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Event number: 6: 200M BREASTSTROKE WOMEN 13-14					Heat:2, starttime: 10:46
Heat: 2/7 Lane : 8 Athlete: DE KETELAERE FEBE					Q-time: 03:54:75
PB (50m pool): 03:54.75 Gent 08/02/2026					PB (25m pool): 04:02.35 SB: 03:54.75 Gent 08/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:52.13	01:53.06	02:55.15	03:54.75	
	00:52.13	01:00.93	01:02.09	00:59.60	
					

Coach feedback:

Event number: 8: 100M BACKSTROKE WOMEN 15+					Heat:1, starttime: 11:18
Heat: 1/10 Lane : 7 Athlete: BERTE LISE					Q-time: 01:30:56
PB (50m pool): 01:35.36 Lago Gent Rozebroeken 03/05/2026					PB (25m pool): 01:30.56 SB: 01:35.36 Lago Gent Rozebroeken 03/05/2026
	5 0 M	1 0 0 M			
PB	00:46.51	01:35.36			
	00:46.51	00:48.85			
					

Coach feedback:

Event number: 9: 50M BUTTERFLY MEN 11-12					Heat:2, starttime: 11:43
Heat: 2/9 Lane : 7 Athlete: VAN LIERDE DAAN					Q-time: 00:52:70
PB (50m pool): 00:54.24 Lochristi 01/02/2026					PB (25m pool): 00:52.70 SB: 00:54.24 Lochristi 01/02/2026
	5 0 M				
PB	00:54.24				
	00:54.24				
					

Coach feedback:

Event number: 9: 50M BUTTERFLY MEN 11-12					Heat:3, starttime: 11:44
Heat: 3/9 Lane : 1 Athlete: LEFÈVRE SEPPE					Q-time: 00:50:19
PB (50m pool): 00:50.19 Sportoase De Watermolen 24/05/2026					PB (25m pool): no time SB: 00:50.19 Sportoase De Watermolen 24/05/2026
	5 0 M				
PB	00:50.19				
	00:50.19				
					

Coach feedback: